

TIMETABLE GALEB BJJ GOLD COAST

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|---|--|---|
| MORNING | | | | | |
| | COMING SOON All levels 6:00-7:00 AM | | ADULT BJJ All levels 6:00-7:00 AM | | ADULT BJJ NO GI All Levels 8:00-9:00 AM |
| | | | | | KIDS & JUNIORS NO GI 9:00-9:40 AM |
| ADULT BJJ All levels 9:30-10:30 AM | | ADULT BJJ 9:00-9:30am Drill 9:30-10:30am Rolling | | ADULT BJJ All levels 9:30-10:30 AM | BJJ WOMENS No Gi 9:00-9:40 AM |
| EVENING | | | | | |
| BJJ KIDS 1 4-00-4:40 | BJJ JUNIORS 1 4-00-4:40 PM | BJJ KIDS 1 4-00-4:40 | BJJ JUNIORS 1 4-00-4:40 PM | | |
| BJJ KIDS 2 4:40-5:20 PM | BJJ JUNIORS 2 4:40-5:20 PM | BJJ KIDS 2 4:40-5:20 PM | BJJ JUNIORS 2 4:40-5:20 PM | KIDS 1,2 & JUNIOR 1 4:40-5:20 PM | |
| BJJ WOMENS 5:20-6:00 PM | BJJ JUNIORS 3 5:20-6:00 PM | BJJ WOMENS 5:20-6:00 PM | BJJ JUNIORS 3 5:20-6:00 PM | BJJ JUNIORS 2 & 3 5:20-6:00 PM | |
| ADULT BJJ Fund & Advan 6:00-7:00 PM | ADULT BJJ All levels 6:00-7:00 PM | ADULT BJJ Fund & Advan 6:00-7:00 PM | ADULT BJJ All levels 6:00-7:00 PM | OPEN MATS All levels 6:00-7:00 PM | |
| OPEN MATS All levels 7:00-8:00 PM | BJJ NO GI All Levels 7:00-8:00 PM | OPEN MATS All levels 7:00-8:00 PM | BJJ NO GI All Levels 7:00-8:00 PM | | |